

*"Out on the roads there is fitness and self-discovery and the persons we were destined to be." - Dr. George Sheehan*

**2016-17 Cedar Rapids Kennedy Running Club**

**Club President:** Evan Bradley, Phone: 319-693-3550

**Club Supervisor:** Ben Peiffer, Phone: 319-551-4132, E-mail: benjamin-peiffer@uiowa.edu

**Club Information:**

- Purpose: To improve personal fitness and run with friends during the fall/winter months.
- Dates: Nov. 7-Feb. 10
- When: Mon.-Fri., 15 minutes after school ends
- Where: Meet in the South Foyer, Run on the Cedar River Trail

**Club Supervision:**

- As club supervisor, I will be present to ensure safety of all participants, but am not allowed to provide coaching per IAHSAA rules (I will be out of town for work 11/7-11/9).
- I will notify all participants via text message when I am not able to be present.

**Return registration form to Coach Pakkebier OR text info to Mr. Peiffer**

**Cedar Rapids Kennedy Running Club**

Name \_\_\_\_\_

Grade \_\_\_\_\_

Student Cell # \_\_\_\_\_